

Ancient Path

The first result of the tree of good and evil was fear - Genesis 3:10 (NKJV) So he said, "I heard Your voice in the garden, and I **was afraid** because I was naked; and I hid myself."

Jeremiah 6:16 (NKJV) Thus says the LORD: "Stand in the ways and see, And ask for the old (ESV) Ancient paths, where the good way *is*, And walk in it; Then you will find rest for your souls. But they said, 'We will not walk *in it*.'

Context. Jeremiah 6:14 Peace, peace but there is no peace.

Ways – places where you walk

There is a right way

Psalms 107:6–7 (NKJV) Then they cried out to the LORD in their trouble, *And* He delivered them out of their distresses. And He led them forth by the right way, That they might go to a city for a dwelling place.

Proverbs 4:11–12 (NKJV) I have taught you in the way of wisdom; I have led you in right paths. When you walk, your steps will not be hindered, And when you run, you will not stumble.

My Early Life Verse-Genesis 24:26–27 (NKJV) Then the man bowed down his head and worshiped the LORD. ²⁷ And he said, "Blessed *be* the LORD God of my master Abraham, who has not forsaken His mercy and His truth toward my master. **As for me, being on the way**, the LORD led me to the house of my master's brethren."

THE FALL BLOCKED THE WAY TO THE TREE OF LIFE - Genesis 3:24 (NKJV) So He drove out the man; and He placed cherubim at the east of the garden of Eden, and a flaming sword which turned every way, to guard the way to the tree of life.

Access to Tree of Life is conditioned on obedience i.e. the ancient way - Revelation 22:14 Blessed *are* those who do His commandments, that they may have the right to the tree of life, and may enter through the gates into the city.

The Righteous Way Psalm 1:1–6 (NKJV) Blessed *is* the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his delight *is* in the law of the LORD, And in His law he meditates day and night. He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper. The ungodly *are* not so, But *are* like the chaff which the wind drives away. Therefore the ungodly shall not stand in the judgment, Nor sinners in the

congregation of the righteous. For the LORD knows the way of the righteous, ut the way of the ungodly shall perish.

The Judgment of the Flood came because man had corrupted their way. Genesis 6:12 (NKJV) So God looked upon the earth, and indeed it was corrupt; for all flesh had corrupted **their way** on the earth.

Ancient Hebrew Olam - long duration, antiquity, for ever, ever, everlasting, evermore, perpetual, old, ancient, world. 1A ancient time, long time (of past). 1B (of future). 1B1 for ever, always. 1B2 continuous existence, perpetual. 1B3 everlasting, indefinite or unending future, eternity.¹

Adam and Eve deviated off the Ancient Path - Genesis 3:6 So when the woman saw that the tree *was* good for food, that it *was* pleasant to the eyes, and a tree **desirable to make *one* wise**, she took of its fruit and ate. She also gave to her husband with her, and he ate.

Good Way

Jeremiah 6:16 – Good Way – 2 Chronicles 5:13, Psalm 23, 1 Chronicles 16:34, Ez 3:11

Psalm 16:11 (NKJV) You will show me the path of life; In Your presence *is* fullness of joy; At Your right hand *are* pleasures forevermore.

Psalm 119:35 (NKJV) Make me walk in the path of Your commandments, For I delight in it.

Psalm 119:105 (NKJV) Your word *is* a lamp to my feet And a light to my path.

Proverbs 4:10–15 (NKJV) Hear, my son, and receive my sayings, And the years of your life will be many. I have taught you in the way of wisdom; I have led you in right paths. When you walk, your steps will not be hindered, And when you run, you will not stumble. Take firm hold of instruction, do not let go; Keep her, for she *is* your life. Do not enter the path of the wicked, And do not walk in the way of evil. Avoid it, do not travel on it; Turn away from it and pass on.

Psalm 25:10 (NKJV) All the paths of the LORD *are* mercy and truth, To such as keep His covenant and His testimonies.

Proverbs 3:5–6 (NKJV) Trust in the LORD with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths.

Proverbs 3:16–17 (NKJV) Length of days *is* in her right hand, In her left hand riches and honor. Her ways *are* ways of pleasantness, and all her **paths *are* peace**.

¹ Strong, J. (1995). [Enhanced Strong's Lexicon](#). Woodside Bible Fellowship.

Psalms 37:3–9 (NKJV) Trust in the LORD, and do good; Dwell in the land, and feed on His faithfulness. Delight yourself also in the LORD, And He shall give you the desires of your heart. Commit your way to the LORD, Trust also in Him, And He shall bring *it* to pass. He shall bring forth your righteousness as the light, And your justice as the noonday. Rest in the LORD, and wait patiently for Him; **Do not fret** (be constantly or visibly worried or anxious). because of him who prospers in his way, Because of the man who brings wicked schemes to pass. Cease from anger, and forsake wrath; **Do not fret**—*it* only *causes* harm. For evildoers shall be cut off; But those who wait on the LORD, They shall inherit the earth.

The Wicked and Unrighteous Path and Way

Job 22:15–16 (NKJV) Will you keep to the old way (ancient) Which wicked men have trod, Who were cut down before their time, Whose foundations were swept away by a flood?

Psalms 36:1–4 (NKJV) An oracle within my heart concerning the transgression of the wicked: *There is* no fear of God before his eyes. For he flatters himself in his own eyes, When he finds out his iniquity *and* when he hates. The words of his mouth *are* wickedness and deceit; He has ceased to be wise *and* to do good. He devises wickedness on his bed; He sets himself in a way *that is* not good; He does not abhor evil.

Romans 3:10–18 (NKJV) As it is written: *“There is none righteous, no, not one; There is none who understands; There is none who seeks after God. They have all turned aside; They have together become unprofitable; There is none who does good, no, not one.” “Their throat is an open tomb; With their tongues they have practiced deceit”; “The poison of asps is under their lips”; “Whose mouth is full of cursing and bitterness.” “Their feet are swift to shed blood; Destruction and misery are in their ways; And the **way of peace** they have not known.” “There is no fear of God before their eyes.”*

Isaiah 59:1–8 (NKJV) Behold, the LORD’s hand is not shortened, That it cannot save; Nor His ear heavy, That it cannot hear. But your iniquities have separated you from your God; And your sins have hidden *His* face from you, So that He will not hear. For your hands are defiled with blood, And your fingers with iniquity; Your lips have spoken lies, Your tongue has muttered perversity. No one calls for justice, Nor does *any* plead for truth. They trust in empty words and speak lies; They conceive evil and bring forth iniquity. They hatch vipers’ eggs and weave the spider’s web; He who eats of their eggs dies, And *from* that which is crushed a viper breaks out. *their* webs will not become garments, Nor will they cover themselves with their works; Their works *are* works of iniquity, And the act of violence *is* in their hands. Their feet run to evil, And they make haste to shed innocent blood; Their thoughts *are* thoughts of iniquity; Wasting and destruction *are* in their paths. **The way of peace** they have not known, And *there is* no justice in their ways; They have made themselves crooked paths; Whoever takes that way **shall not know peace**.

Jeremiah 18:15–16 (NKJV) “Because My people have forgotten Me, They have burned incense to worthless idols. And they have caused themselves to **stumble in their ways, From the ancient paths**, To walk in pathways and not on a highway, To make their land desolate *and* a perpetual hissing; Everyone who passes by it will be astonished And shake his head.

FEAR IS THE CONSTANT WHEN WE DO NOT KEEP HIS COMMANDMENTS - Deuteronomy 28:66–67 Your life shall hang in doubt before you; you shall fear day and night, and have no assurance of life. ⁶⁷In the morning you shall say, ‘Oh, that it were evening!’ And at evening you shall say, ‘Oh, that it were morning!’ because of the fear which terrifies your heart, and because of the sight which your eyes see.

Deuteronomy 8:1–2 Every commandment which I command you today you must be careful to observe, that you may live and multiply, and go in and possess the land of which the LORD swore to your fathers. ²And you shall remember that the LORD your God **led you all the way these forty years in the wilderness, to humble you *and* test you, to know what *was* in your heart, whether you would keep His commandments or not.**

WHAT DO YOU DO?

1. Declare scriptures Swatting the Fly Fear
2. Generational Issues – Isaiah 40:3 – Make Straight – direct and level and make free from obstructions.
3. Remember there can be a physical element – OMIM – fear 127 entries, anxiety 305 entries, fear caused 9, 500, fear compared 6693, fear conditioning 174, fear conditioning compared 6,712, fear conditioning drives 689, fear conditioning compared 4,374m fear conditioning induced 2,339, fear conditioning leads 2,951, anxiety attacks 658, anxiety behavior 1,468, anxiety paralleled 1,544, anxiety behaviors 1,468, anxiety compared 6,780, anxiety deficits 1,401, anxiety disorders 8,854 anxiety disorders compared 11,853, panic 40, panic anxiety 320, panic anxiety compared 6,788, panic attacks 402, panic disorder 8,809, panic disorder patients 13,495, panic disorder related, 12,726, panic disorder resulted 11,906, panic disorder segregated 9,647, panic disordered showed 18,816, phobia carried 2,694,
4. Psychologists who works with Dr. Amen 8 to 10 years everyone has overactive in basal ganglia – anxiety thermostat of the brain. Deep in the brain. Area of the brain when we talk about fear. Influences muscles, headaches, migraines, GI problems, stomach problems. Area of panic attaches, fear. When it gets to hypo it destabilizes whole brain which then opens up attaches from darkness. Affects so that people do not have good boundaries. When you stay in presence of Holy Spirit it drops the agitation.

5. Prayers helps to improve immune system. Psalm 32:3 When I kept silent, my bones grew old Through my groaning all the day long. Hebrew “bones” – to be mighty, strength, to be strong, substance, **seat of emotion**. In the bone marrow which is a principle component of the immune system. A marker – one tip in bone marrow and the other end is in the brain (in the DNA). It is the way we are wired. Psalm 32:2
6. We can be trapped in dimensional places – Fear is a place in the ungodly depth, doubt is a place in the ungodly width

He is the King of Peace

Peace – state of wholeness and completeness, fulfillment

[Isaiah 9:6](#) ESV / 109 helpful votes

For to us a child is born, to us a son is given; and the government shall be upon his shoulder, and his name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.

[John 14:27](#) Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

[Philippians 4:6-7](#) Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

[John 16:33](#) I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.”

[Philippians 4:6-7](#) Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

[Colossians 3:15](#) And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

[Galatians 5:22](#) But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,

[Isaiah 26:3](#) You keep him in perfect peace whose mind is stayed on you, because he trusts in you.

[Psalm 119:165](#) Great peace have those who love your law; nothing can make them stumble.

[2 Thessalonians 3:16](#) Now may the Lord of peace himself give you peace at all times in every way. The Lord be with you all.

[Isaiah 32:17](#) And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever.

[Psalm 29:11](#) May the LORD give strength to his people! May the LORD bless his people with peace!

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